

# FLYING HORSE

## NEW ZEALAND

### VISITING TRAINERS

#### Jody Hartstone

- Leading New Zealand Grand Prix Rider
- Equestrian coach specialising in Equitation Science and Learning Theory

Jody Hartstone has been teaching dressage and jumping for over 10 years. She has an enthusiastic and engaging teaching style, paying attention to detail and aiming for perfection and understanding from both horse and rider. She teaches horses and riders of all levels, ages, and stages of ability.

#### Laura Dawson

- Registered Exercise Professional and a Polestar Pilates Certified Studio Practitioner

Your movement off the horse reflects your movement on the horse. A Rider who is balanced, flexible and strong will transfer these qualities to their horse.

Laura offers off-the-horse and on-the-horse Pilates sessions at Flying Horse Ltd.

#### Claudia Kaiser

Claudia was schooled in ground work and natural horsemanship by Klaus Ferdinand Hempfling (author of "Dancing with horses" and, "Body Language") and schooled in lunging, double lunging, long reining by Philippe Karl (former Head Rider of the Cadre Noir, France) and trained in classical dressage by Professor Albrecht (Head of the Viennese Riding School, Austria) and by Joaquin Vazquez (Head Rider of the Royal Andalusian Riding School in Jerez de la Frontera, Spain).

Besides thorough and careful training, individually suited for the horse and owner, Claudia provides treatment and advice in holistic medicine and natural therapies. She has over 23 years of experience in natural therapies and offers a broad range of holistic medicine treatments such as homeopathy, herbalist practice, reiki, horse osteopathy and other therapies.

**79 Erskine Road, Invercargill    Ph: 027 360 8233 or 03 213 1200**

Fantastic facility! Friendly atmosphere, a great learning venue with constant support.

*Sonya Verdoner*

Cannot recommend Julia and the Flying Horse team enough. Fantastic facilities, amazing people, people who are happy to pass on their skills and knowledge. Anything you could ever want or need is there!

Whether you are starting out and don't know where to begin or know a lot and want to learn something new (like hoofball!) Flying Horse is the place to go! Thanks for all your amazing hard work and dedication team!

*Meredith McEwan*

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The Flying Horse Ltd has to be one of the best training facilities around and the people you meet are amazing. The coffee and cake days are a great way to meet like-minded people and you don't even need to have a horse to go.

*Sonya McNamara*